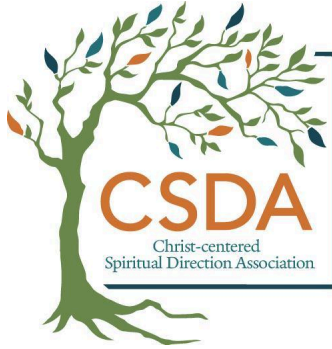
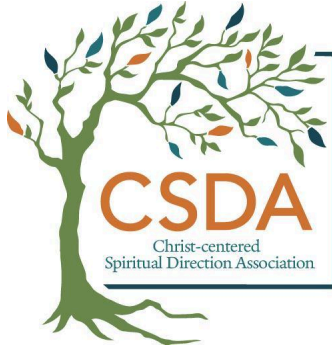


Name of Retreat Center:	Abbey of the Heights
Location:	Tulsa, OK
URL:	<a href="https://www.thesabbathlife.com/retreats">https://www.thesabbathlife.com/retreats</a>
Costs:	More than \$100 per night
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Queen
Food Included:	Included, but not mandatory
Quality of Meals:	Good
Grounds:	The Abbey of the Heights is a four-bedroom house located in a historic neighborhood adjacent to downtown Tulsa. It has a wraparound front porch and the grounds are landscaped as an urban garden.
Other info:	

*Updated July 25, 2023*

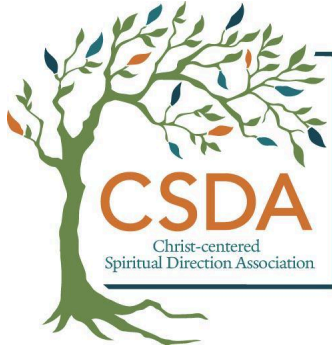


Name of Retreat Center:	Corhaven
Location:	Quicksburg, VA
URL:	<a href="https://inthecoracle.org/retreats/">https://inthecoracle.org/retreats/</a>
Costs:	Donation basis
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Sufficient
Types of Beds:	Twin, Queen, Bunk
Food Included:	Not Offered
Quality of Meals:	Wonderful meals offered for Coracle-sponsored retreats.
Grounds:	About 12 acres of beautiful farm, woods in Virginia's Shenandoah Valley.
Other info:	Corhaven is a ministry of Coracle, a spiritual formation organization with a network of spiritual directors.



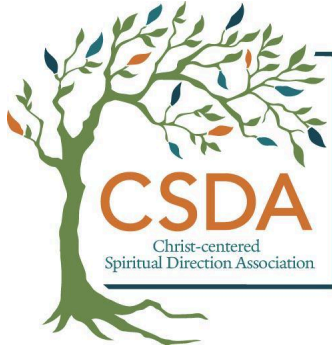
Name of Retreat Center:	Engage Retreats
Location:	Ibiza Spain and Devon UK
URL:	<a href="https://www.engageretreats.world">https://www.engageretreats.world</a>
Costs:	More than \$100 per night
Technology Access:	Free
Types of Retreats Offered:	Personal, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin, Queen, King
Food Included:	Included
Quality of Meals:	Excellent
Grounds:	Stunning location in natural beauty in Ibiza Spain. Swimming (infinity) pool Far-reaching coastal and mountain views. Spaciousness and plenty of surrounding forests for peaceful walks and engaging in nature. Creative materials will be provided. One to one sessions offered in Spiritual Direction, emotional healing or aromatherapy.
Other info:	We will be offering various retreats both in Spain and the Uk. They will vary in cost depending upon the location and facilities. This retreat in Ibiza is open to all ages - no facilities for wheelchairs.

*Updated July 25, 2023*



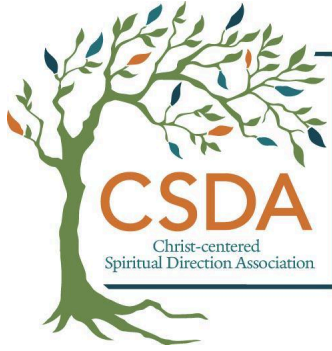
Name of Retreat Center:	Falls Creek Retreat Center
Location:	Raymond
URL:	<a href="https://fallscreekretreat.com/">https://fallscreekretreat.com/</a>
Costs:	More than \$100 per night
Technology Access:	Free
Types of Retreats Offered:	Overnight
Type of Accommodations:	Sufficient
Types of Beds:	Twin
Food Included:	Included
Quality of Meals:	Sufficient
Grounds:	Beautiful~ fields, forests, creek, waterfall. Nice walk to a hillside chapel
Other info:	Wonderful staff, easy to work with and very caring.

*Updated July 25, 2023*



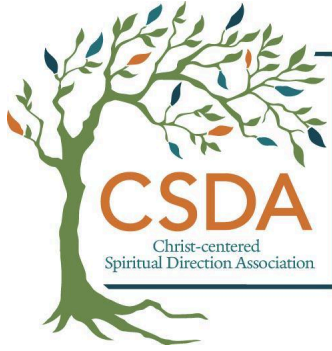
Name of Retreat Center:	Holy Wisdom Monastery
Location:	Middleton, Wisconsin
URL:	<a href="https://holywisdommonastery.org/">https://holywisdommonastery.org/</a>
Costs:	\$50-\$100 per night
Technology Access:	Unsure
Types of Retreats Offered:	Silent, Personal, Day
Type of Accommodations:	Comfortable
Types of Beds:	Twin, Queen
Food Included:	Included, but not mandatory
Quality of Meals:	Excellent
Grounds:	Amazing and vast. Lots of prairie areas, a small lake, and forest walking paths. Places to stop and sit to pray.
Other info:	Group areas available

*Updated July 25, 2023*



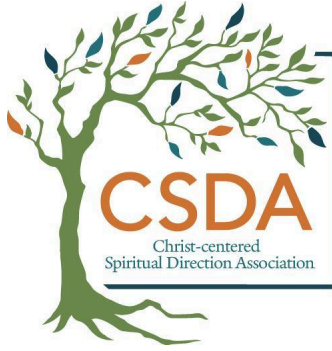
Name of Retreat Center:	Jesuit Spirituality Center
Location:	Grand Couteau, Louisiana
URL:	<a href="https://jesuitspiritualitycenter.org/">https://jesuitspiritualitycenter.org/</a>
Costs:	\$50-\$100 per night
Technology Access:	Unsure
Types of Retreats Offered:	Silent, Personal, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin
Food Included:	Included
Quality of Meals:	Good
Grounds:	Beautiful Deep South Setting, enormous trees, with Spanish moss
Other info:	specializes in personally directed retreats based on the Spiritual Exercises of St. Ignatius Loyola.

*Updated July 25, 2023*



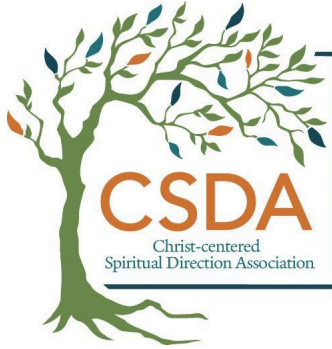
Name of Retreat Center:	Kerith Retreat
Location:	Waynesville, NC
URL:	<a href="https://www.kerithretreat.org/">https://www.kerithretreat.org/</a>
Costs:	\$50-\$100 per night
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin, King
Food Included:	Not Offered
Quality of Meals:	
Grounds:	Beautiful Mountain views, woods, open grass lawn, creek, deck overlooking creek, walkable mountain roads. 10 minutes off of the Blue Ridge Parkway with miles of hiking and quiet vistas.
Other info:	You must be able to navigate stairs since accommodation is a second floor studio apartment. The apartment has a well equipped kitchenette for meals.

*Updated July 25, 2023*



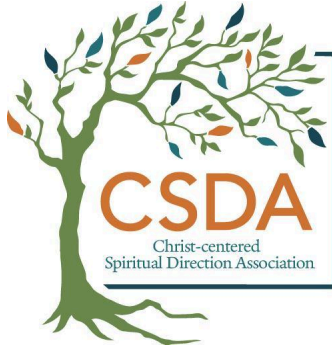
Name of Retreat Center:	Mater Dolorosa
Location:	Sierra Madre, CA
URL:	<a href="https://materdolorosa.org/">https://materdolorosa.org/</a>
Costs:	More than \$100 per night
Technology Access:	Unsure
Types of Retreats Offered:	Silent, Personal, Family, Day, Overnight
Type of Accommodations:	Sufficient
Types of Beds:	Twin
Food Included:	Included, but not mandatory
Quality of Meals:	Good
Grounds:	beautiful California chaparral (so drier in summer)
Other info:	Cell service is spotty

*Updated July 25, 2023*



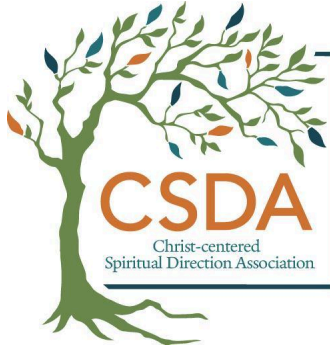
Name of Retreat Center:	Montserrat Jesuit Retreat House
Location:	Lake Dallas, TX
URL:	<a href="https://montserratretreat.org/">https://montserratretreat.org/</a>
Costs:	More than \$100 per night
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Overnight
Type of Accommodations:	Sufficient
Types of Beds:	Twin
Food Included:	Included
Quality of Meals:	Excellent
Grounds:	Lovely lake setting with beautiful sunrises and sunsets.
Other info:	

*Updated July 25, 2023*



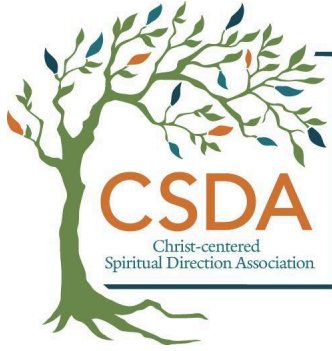
Name of Retreat Center:	Mount Angel Abbey Guesthouse and Retreat Center
Location:	Mount Angel, OR
URL:	<a href="https://www.mountangelabbey.org/guesthouse/">https://www.mountangelabbey.org/guesthouse/</a>
Costs:	More than \$100 per night
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin, Queen
Food Included:	Included
Quality of Meals:	Excellent
Grounds:	Beautiful and Prayerful
Other info:	You are welcomed to chant the psalms with the Benedictine monks.

*Updated July 25, 2023*



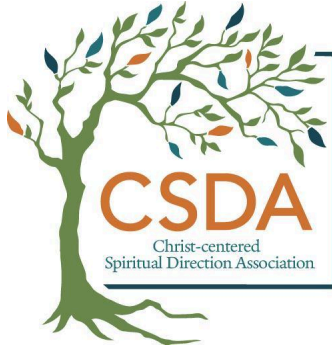
Name of Retreat Center:	Ravenwood Cottage
Location:	9.5 miles west of Fredericksburg, TX
URL:	<a href="http://www.airbnb.com/rooms/49194163">www.airbnb.com/rooms/49194163</a> <a href="http://www.VRBO.com/4119985">www.VRBO.com/4119985</a>
Costs:	\$100 per night - Contact Rose Huff directly at (214) 783-9592 or <a href="mailto:ravenwoodcottage@gmail.com">ravenwoodcottage@gmail.com</a> to receive the flat rate of \$100 per night.
Technology Access:	Free
Types of Retreats Offered:	Quiet Retreat
Type of Accommodations:	Bed & Breakfast
Types of Beds:	Queen
Food Included:	Because we want you to be able to enjoy a slow start to your stay we provide a "starter breakfast" that can include a mini homemade loaf of banana or pumpkin bread, local bakery sausage kolaches, homemade granola, and yogurt!
Quality of Meals:	
Grounds:	Wooded lot with walking paths, benches, and a prayer garden
Other info:	

*Updated November 20, 2025*



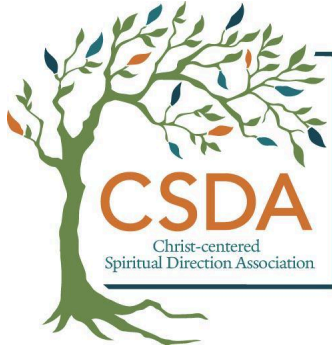
Name of Retreat Center:	Sabbath House
Location:	Freeland, MD
URL:	<a href="https://www.sabbathhouse.org/">https://www.sabbathhouse.org/</a>
Costs:	\$50-\$100 per night
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin
Food Included:	Not Offered
Quality of Meals:	There is a beautiful kitchen for your own use, but no meals provided.
Grounds:	The grounds are peaceful, safe, beautifully landscaped. There is a pond and a gorgeous labyrinth. It is in a rural setting.
Other info:	The Sabbath house is available for private retreats, but also for group events and can sleep up to 15. It is run by a friend of mine who is a spiritual director. The website, with much more information, can be found at: <a href="https://www.sabbathhouse.org/">https://www.sabbathhouse.org/</a>

*Updated July 25, 2023*



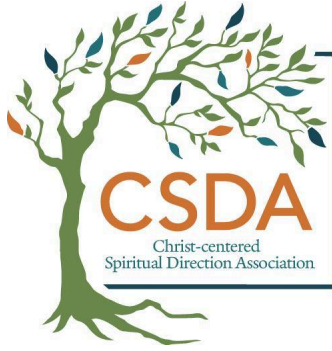
Name of Retreat Center:	Sonit Acres
Location:	Waterloo, NE
URL:	<a href="https://www.sonlitretreats.com/">https://www.sonlitretreats.com/</a>
Costs:	\$50-\$100 per night
Technology Access:	None
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin, Queen, King
Food Included:	Included, but not mandatory
Quality of Meals:	Good
Grounds:	Gorgeous, a meadow, walking trails, river and pond that you can kayak on, wildlife
Other info:	We have also hosted retreats here. A wonderful facility with group rooms and a large dining area, full kitchen as well as options to add on meals

*Updated July 25, 2023*



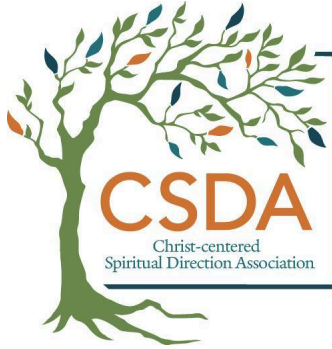
Name of Retreat Center:	Speak, Lord
Location:	Mars Hill, NC
URL:	<a href="http://www.speak-lord.org/">http://www.speak-lord.org/</a>
Costs:	More than \$100 per night
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Queen
Food Included:	Included
Quality of Meals:	Excellent
Grounds:	The property is a limited space but the center is nestled in the Blue Ridge mountains with many opportunities for hiking or walking within minutes.
Other info:	Private accommodations include private entrance, Living space, bedroom, private bath, screened-in porch with beautiful Mountain Views. All meals and One spiritual direction or coaching session is included in the weekend package.

*Updated July 25, 2023*



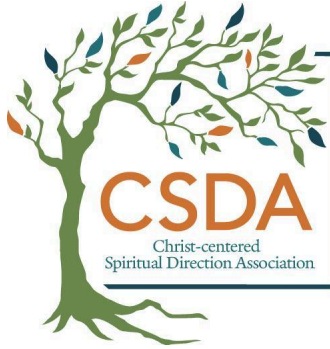
Name of Retreat Center:	St Benedict Center- Christ the King Priory
Location:	Schuyler, NE
URL:	<a href="https://christthekingpriory.com/sbcabout">https://christthekingpriory.com/sbcabout</a>
Costs:	\$50-\$100 per night
Technology Access:	None
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Queen
Food Included:	Included
Quality of Meals:	Excellent
Grounds:	Beautiful pond, a labyrinth, stations of the cross, surrounded by farmland
Other info:	

*Updated July 25, 2023*



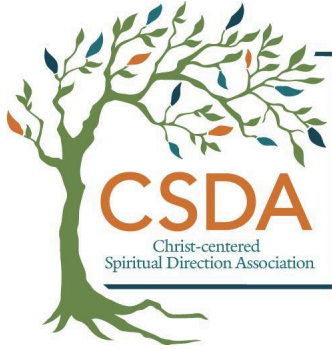
Name of Retreat Center:	St Francis Prayer Center
Location:	Stoneville NC
URL:	<a href="https://www.stfrancis.today/">https://www.stfrancis.today/</a>
Costs:	More than \$100 per night
Technology Access:	Available for a fee
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin, Queen
Food Included:	Included
Quality of Meals:	Excellent
Grounds:	peaceful with trails
Other info:	It is a very sacred place

*Updated July 25, 2023*



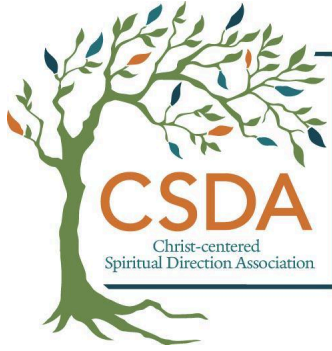
Name of Retreat Center:	The Nourishry
Location:	Jackson Tennessee
URL:	<u>Unable to locate</u>
Costs:	Donation amount determined by retreatant
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal, Day, Overnight
Type of Accommodations:	Comfortable
Types of Beds:	Twin, Queen, King
Food Included:	Included, but not mandatory
Quality of Meals:	Good
Grounds:	60+ forested acres, secluded and quiet
Other info:	spiritual director on site

*Updated July 25, 2023*



Name of Retreat Center:	The Springs Retreat Center
Location:	Oldenburg, IN
URL:	<a href="https://www.thespringsindiana.org/">https://www.thespringsindiana.org/</a>
Costs:	Donation
Technology Access:	None
Types of Retreats Offered:	Personal
Type of Accommodations:	Comfortable
Types of Beds:	Twin, Queen
Food Included:	Not Offered
Quality of Meals:	
Grounds:	Walking trails, lake,- beautiful
Other info:	Wonderful location- books quickly

*Updated July 25, 2023*



Name of Retreat Center:	This.Is.Life / a virtual retreat
Location:	Your home
URL:	<a href="http://www.this-is-life.org">www.this-is-life.org</a>
Costs:	\$59 per week/\$79 per month
Technology Access:	Free
Types of Retreats Offered:	Silent, Personal
Type of Accommodations:	
Types of Beds:	
Food Included:	
Quality of Meals:	
Grounds:	Your home or retreat venue of your choosing
Other info:	This is a virtual personal silent retreat that takes you through a gallery of paintings poetry scripture and music. Whether you are needing discernment, healing or rest, this retreat will position and guide you to hear from God through Visio and Lectio Di