



Family Blessings

There is not one “right way” to speak a blessing over your family. Here are a few simple steps:

1. **Pray.** Spend time praying over what truth you want your child to hold in their heart.
2. **Schedule.** Choose a time of day to introduce a Blessing that will be easy to do consistently. Bedtime or dinnertime are great options, but any time of day that works for your family is fine.
3. **Pick a Blessing.** You can start with a favorite verse or a simple statement like “Jesus loves you.” Blessings may shift according to what season of life we are in or how much energy we have. Below we have included a few options.

Pick a Blessing

A simple Internet search will give you lots of great blessings to speak with and over your family. A great place to start is with Scripture. Here are a few options you can try using. Depending on the age of your child, you may want to shorten these selections.

Five Scriptural Blessings

Zephaniah 3:17

*“The Lord your God is with you,
the Mighty Warrior who saves.
He will take great delight in you;
in his love he will no longer rebuke you,
but will rejoice over you with singing.”*

Numbers 6:24-26

*“The Lord bless you
and keep you;
the Lord make his face shine on you
and be gracious to you;
the Lord turn his face toward you
and give you peace.”*



Colossians 1:9-12

We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and giving joyful thanks to the Father, who has qualified you¹¹ to share in the inheritance of his holy people in the kingdom of light.

Ephesians 2:10

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Romans 15:13

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.