

Nature and Easter

Many churches are preparing great ways for families to celebrate Easter together. Here are a few simple ways you can intentionally “bring the outside in” to celebrate Easter in a meaningful way as a household:



1. Spot signs of life! As you venture outside, work as a family to find signs of spring. This can be a beautiful entry to talk together as a family about what it means that Christ is Risen in a world virtually stopped by COVID-19.

2. Bring life to the table! If you are planning a special Easter meal, recruit kids to bring life to the table with nature: flowers, leaves, plants, etc.

3. Flowering the Cross There is an ancient Christian tradition, practiced by many churches around the world, known as “Flowering the Cross.” On Easter morning church members bring fresh flowers to decorate a bare, empty cross until flowers cover it completely. This is a visual representation of the transition from the death of Good Friday to the resurrection of Easter Sunday. It’s a particularly great visual and opportunity for kids to be involved.

This can be easily adapted to a home setting. First, select your cross. The simplest option is to draw a cross on white paper (the larger the better). Choose something large enough that you can work together on it as a family. This might make a great Good Friday project for your family. Leave the cross in view through the weekend as you approach Easter Sunday.

Next, gather flowers from your backyard, a local farmer or grocery store (this is a great time to buy flowers to help out local businesses!).

Finally, on Easter Day, cover the cross in the flowers using glue. Remember that this is not a project you can keep forever. Prepare children for that.

Spiritual Application: Read the story of the resurrection found in any of the gospels. Display the cross while you read.